

Help us provide words of inspiration to those struggling mentally and emotionally. Here's your chance to be part of **South Texas Health System Behavioral's** Chalk the Walk on September 7, an event aimed at providing hope and inspiration during Suicide Prevention Awareness Month. STHS Behavioral is inviting the community to shine a light on suicide prevention in the lead up to our Chalk the Walk event by writing messages of hope on the sidewalks at your home or place of business.

Those who participate can send photos of their chalk messages to be printed and featured along our Chalk the Walk route, a special awareness walk that, along with the You're Not Alone Fair, will highlight resources available to help those with mental health and wellness concerns.

## NEXT STEPS:

- 1. To participate, please submit this form as soon as possible.
- 2. Find space at your home or place of business to write a message of encouragement, inspiration or hope for someone who might be struggling. Be as creative as you would like.
- 3. Submit a photo of your message to the South Texas Health System Marketing Department at STHSMarketing@uhsinc.com. Deadline for submission is Monday, September 2, 2024. You can also share them via social media using the hashtag #STHSChalkTheWalk and tag us at @STXHealthSystem.

4. If able, participate in our Chalk the Walk event on Saturday, September 7, from 9 a.m. - 11 a.m. at STHS Behavioral.

| Organization Name:   |            |        |     |    | <br> | <br> |
|--|------------|--------|-----|----|------|------|
| Contact Person:  |            |        |     |    | <br> | <br> |
| Contact Number:  |            |        |     | -  | <br> | <br> |
| Contact E-Mail Address:                                    |            |        |     |    | <br> | <br> |
| Will you be needing chalk for the photo submission?        | Yes        | No     |     |    |      |      |
| Would you like to participate as an exhibitor at our Chalk | the Walk e | event? | Yes | No |      |      |

There is no cost to participate. As an exhibitor, you are welcome to distribute educational materials, flyers, pamphlets, and samples. All exhibitors will be provided with one (1) 6-foot table(s) and two (2) chairs.

For more information contact STHS Marketing at 956-388-2020 or STHSMarketing@uhsinc.com.

